

USA Senior level competition for Springboard, platform and Synchronized diving:

(a) Men's 1-Meter Competition:

(1) The men's 1-meter springboard semifinal competition shall comprise six dives with a minimum degree of difficulty of **15.4**, of which one shall be selected from each group plus an additional dive which may be selected from any group. The top eight divers shall qualify finals, which may be a repeat of the same six optional dives or, at the discretion of the diver, a different list that satisfies all the requirements.

[Amended Sept. 13, 2003, effective Jan. 1, 2004; Amended Sept. 17, 2005, effective Jan.1, 2006]

(2) The final places of the finalists shall be determined by their score achieved in the final only. The final places of the semifinalists who do not qualify for the final will be determined by their score achieved in the semifinal only.

(b) Men's 3-Meter Competition:

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[Revised Sept. 17, 2005, effective Jan.1, 2006]

(1) The men's 3-meter quarterfinal, semifinal and final competition shall comprise six dives with a minimum degree of difficulty of **16.8** of which one dive shall be selected from each group plus an additional dive which may be selected from any group.

(2) The top 18 in the quarterfinal shall advance to the semifinal. In the semifinal, the divers shall compete in reverse order of their ranking determined by the total scores at the end of the quarterfinal competition.

(3) The top 12 divers shall advance to the final. Divers shall compete in reverse order of their scores after the semifinal ranking determined by the total scores from the semifinal competition..

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(4) The ranking of the finalists shall be determined by the total points scored in the final competition

(c) Women's 1-Meter Competition:

(1) The women's 1-meter springboard semifinal competition shall comprise five dives from different groups with a minimum degree of difficulty of **11.4**. The top eight divers shall qualify finals, which may be a repeat of the same five optional dives or, at the discretion of the diver, a different list that satisfies all the requirements.

[Amended Oct. 29, 2001, effective Jan. 1, 2002; Amended Sept. 17, 2005, effective Jan.1, 2006; Amended Sept. 16, 2006, effective Jan. 1, 2007]

(2) The final places of the finalists shall be determined by their score achieved in the final only. The final places of the semifinalists who do not qualify for the final will be determined by their score achieved in the semifinal only.

(d) Women's 3-Meter Competition:

(1) The women's 3-meter quarterfinal, semifinal and final competition shall comprise five dives from different groups with a minimum degree of difficulty of **13.1**.

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(2) The top 18 in the quarterfinal shall advance to the semifinal. In the semifinal the divers shall compete in reverse order of their ranking determined by the total scores at the end of the quarterfinal competition.

(3) The top 12 divers shall advance to the final. Divers shall compete in reverse order of their scores after the semifinal ranking determined by the total scores from the semifinal competition..

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(4) The ranking of the finalists shall be determined by the total points scored in the final competition.

(e) If the tournament/cup system is used in the Senior National Championship the Senior Rules Subcommittee shall establish the format for the competition.

[Amended Sept. 16, 2006, effective Jan. 1, 2007]

113.4 Competition Requirements for Platform Events.

(a) Men's Platform:

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(1) The men's platform quarterfinal, semifinal and final competition shall *USA Diving Rules & Code S:9*

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comprise six dives from different groups with minimum degree of difficulty of **16.3**.

(2) The top 18 in the quarterfinal shall advance to the semifinal. In the semifinal the divers shall compete in reverse order of their ranking determined by the total scores at the end of the quarterfinal competition.

(3) The top 12 divers shall advance to the final. Divers shall compete in reverse order of their scores after the semifinal ranking determined by the total scores from the semifinal competition..

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(4) The ranking of the finalists shall be determined by the total points scored in the final competition

(b) Women's Platform:

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(1) The women's platform quarterfinal, semifinal and final competition shall comprise five dives from different groups with a minimum degree of difficulty of **13.2**.

(2) The top 18 in the quarterfinal shall advance to the semifinal. In the semifinal the divers shall compete in reverse order of their ranking determined by the total scores at the end of the quarterfinal competition.

(3) The top 12 divers shall advance to the final. Divers shall compete in reverse order of their scores after the semifinal ranking determined by the total scores from the semifinal competition..

[Amended Sept. 17, 2005, effective Jan.1, 2006]

(4) The ranking of the finalists shall be determined by the total points scored in the final competition.

(c) If the tournament/cup system is used in the Senior National Championship the Senior Rules Subcommittee shall establish the format for the competition.

[Amended Sept. 16, 2006, effective Jan. 1, 2007]

113.5 Competition Requirements for Synchronized 3-Meter and Platform Events.

(a) (1) The synchronized diving competition involves two divers diving simultaneously from the springboards or platforms. The competition is predicated on how well the pair synchronize their performance and on how well they perform the dives individually.

(2) In the three-meter and platform events a team is composed of only two divers with no substitutes.

(3) In the combined synchronized event a team may be composed of any number of divers with two competing at a time and may be either or both sexes as determined by the meet director.

[Amended Sept. 16, 2006, effective Jan. 1, 2007]

(b) Synchronized competition format:

[Amended Sept. 17, 2005, effective Jan. 1, 2006]

(1) The synchronized diving competition for women comprises five different rounds of dives; two rounds of dives, with an assigned degree of difficulty of 2.0 for each dive regardless of formula value, followed by three rounds of dives with a minimum total degree of difficulty of 7.5 for 3-meter, and 8.0 for platform.

(2) The women's competitions comprise five rounds of dives from at least four groups, with at least one dive forward facing, and none of which shall be in a standing position on the springboard.

(3) The synchronized diving competition for men comprises six different rounds of dives; two rounds of dives, with an assigned degree of difficulty of 2.0 for each dive regardless of formula value, followed by four rounds of dives with a minimum total degree of difficulty of 11.1 for men's 3-meter and 11.2 for men's platform.

[Amended Sept. 16, 2006, effective Jan. 1, 2007]

(4) The men's competitions comprise six rounds of dives from at least four groups, with at least one dive forward facing, and none of which shall be in a standing position on the springboard. Within the six rounds, a group cannot be used more than twice.

(5) In each round the two divers must perform the same dive (same dive number in the same position). No dive number may be repeated from the same height.

(6) At the National Championships there shall be preliminary and final competition. The preliminary shall consist of five or six rounds of dives as stated in 113.5(b)(1) to (4). The top six pairs shall advance to finals, which shall consist of five or six dives as stated in 113.5(b)(1) to (4). The ranking of the finalists shall be determined by the total points scored in the final competition.

(7) In the event that there are six or fewer synchronized teams entered in the semifinals of the Senior National Championship the Senior Rules Committee, upon request from the Meet Director or Vice President, Senior, may determine that there shall be finals only in those affected events.

[Amended Sept. 16, 2006, effective Jan. 1, 2007]