

Competition Requirements for Ohio High School Diving (OHSAA)

6 Dive Competition (Dual Meet Format)

- 1 **Voluntary** dive (must be the 1st dive) - max DD of 1.8
- 5 **Optional** dives – 4 of the 5 categories must be represented

11 Dive Competition (Championship Meet Format)

- 5 **Voluntary** dives – all 5 categories represented – max DD of 9.0
- 6 **Optional** dives – all 5 categories represented – no max DD